

Buddhism and Taoism - A3 Student Worksheet

Name: _____ Date: _____

Part 1: Quick Review

Question	Choose one answer
1. Buddhism began in:	a. China b. India c. Japan
2. Taoism teaches people to live in:	a. harmony with nature b. fear c. noise
3. Meditation helps people:	a. calm the mind b. run faster c. get rich
4. The Tao means:	a. the way or path b. a mountain c. a city

Part 2: Compare Buddhism and Taoism

Write each idea in the correct column. Some ideas belong in **Both**.

Word Bank: India | China | meditation | harmony with nature | enlightenment | balance | peace | spiritual path | Laozi | monks and monasteries

Buddhism	Both	Taoism

Part 3: Find the Similarities and Differences

1. One way Buddhism and Taoism are similar:
2. One difference between Buddhism and Taoism:
3. Which idea is most useful in daily life: meditation, balance, kindness, or harmony? Why?

Answer Key

Part 1: 1. b (India) 2. a (harmony with nature) 3. a (calm the mind) 4. a (the way or path).

Part 2 suggested answers: Buddhism - India, meditation, enlightenment, monks and monasteries. Both - peace, spiritual path. Taoism - China, harmony with nature, balance, Laozi. Students may explain some answers differently when they give a clear reason.