

Buddhism and Taoism - Key Vocabulary

A3 Level | Read each word, definition, and example sentence.

Word	Clear Definition	Example Sentence
philosophy	a group of ideas about life and how people should live	Buddhism and Taoism are philosophies that help people think about life.
meditation	a quiet practice that helps you focus and calm your mind	Mina uses meditation to feel calm after a busy day.
enlightenment	deep understanding and freedom from worry or pain	In Buddhism, enlightenment is an important goal.
harmony	a peaceful balance between people, ideas, or nature	The family lived in harmony with their neighbors.
monastery	a place where Buddhist monks live, study, and pray	The monk studied at a quiet monastery in the mountains.
spiritual	connected to the mind, soul, or inner life	For many people, prayer is a spiritual activity.
balance	a state where different parts are equal and work well together	Taoism teaches people to find balance in life.
teachings	important lessons or ideas that a teacher or belief system gives	The teachings of Laozi encourage people to respect nature.
wisdom	good judgment and understanding gained from learning or experience	Grandfather shared his wisdom with the children.
path	a way, direction, or plan to follow	Each person can choose a path that helps them grow.

Vocabulary Practice

1. Write the best word: "A peaceful relationship with nature is called _____."

2. Write the best word: "A quiet place where monks live is a _____."

3. Write the best word: "A person may use _____ to calm the mind."

4. Choose two vocabulary words and write one new sentence for each.

Answer Key

1. harmony 2. monastery 3. meditation.

Question 4: Answers will be different. Check that each sentence uses the vocabulary word correctly.